

The Hornet Press

February 2012

Vol. 58 Issue 5

Annual Shuttlecock Tournament!

1st place- Terminetters
Ryan Miller and Kelsey Wilson

2nd place- Bird Hunters
Dalton Drury and Whitney Daurio

3rd place- Scared Hitless
Mr. Egan and Mrs. Vialpando

4th place- Clean Up Crew
Janitors- Eli and Jane



By Felicia Stitt

Annual SEBS Integrated Project

By: ASHLYNN BURCH

The Integrated Project is a school wide project that combines all of the core classes, along with the engineering classes, and the newly added biomedical classes.

Every year the SEBS teachers have a group meeting and decide on a topic to use which incorporates everything students have learned so far in the school year. The project counts for about 10-20% of a student's overall grade.

There has been an Integrated Project every year since the original Pueblo Technical Academy.

In 2009, the students made bottle rockets; they had to research the dynamics, build a design plan, and test them out. In 2010, the students did research on the history of Pueblo during the Industrial Revolution.

The students did a tremendous amount of research, built up a stand on this research, and then made presentations with foods, pictures, articles, and items, etc. They then left their booths for display for other people to look at and learn about the time period that the booth talked about.

In 2011, setting was a little different than usual, since at the time the Tech-

nical Academy was transferred to Pueblo County High School and the name was changed to the School of Engineering and Biomedical Sciences, or SEBS.

Last year, for the integrated project, the students, both SEBS and PCHS students, formed teams and did research on Leonardo Da Vinci's inventions. They then had to choose one to build to a scale using any resources provided to them.

Also, they were able to learn about the skeletal structures that Da Vinci used to draw and then drew up their own skeletal drawings using the biomedical portion of SEBS. Overall, the twist on the SEBS/PCHS integrated project was a huge success that will be carried out again in 2012.

Unfortunately, this year the SEBS teachers have yet to discuss further on what the topic of choice should be for the project. Mrs. Walter, one of the SEBS teachers and Integrated Project director, says that they are making plans to have another discussion on the matter of topics.

Once a decision has been made, the SEBS teachers will inform the students of what is going to be done, and how it is going to be dealt with team-member wise when it comes closer.

Inside Organic Foods What's the difference?

By: STACY STEINBECK

Do you ever wonder what the difference between organic and non organic food is? There are several things that make non organic food and organic food different. For instance, the main resource that makes it different is the way the animal is raised or the plant is grown. The animal must be raised without steroids and antibiotics.

They have to be fed organic grasses and grains and nothing can be added. Organic plants must be grown chemical free which means instead of using a chemical fertilizer, they must use cow or sheep manure. Instead of using regular pesticides they have to coat their plants with kitchen flour-according to the "Ag Grand Ultimate Organic website".

The USDA rules state that as long as a product is 95 percent organic, it can be classified as organic. Have you ever read a food package that said "Made with organic ingredients?"

Well the USDA says that if it is 70 percent organic, then they can sell it that way. Many companies' goals are to sell their products organic because they sell for a higher price, which means they make a bigger profit.

Features

February 2012

Meet Olivia!

BY: URSALINE PARIDISIO

For those of you who don't know her, Ms. Olivia Landis attends Pueblo County High as a junior, class of 2013. Blonde and standing at 5'5 ft tall, Landis is quite active in the school. She plays softball, soccer, and runs for the track team and knows how to manage her time between school, sports and family.

I first greeted her by asking what her favorite high school memory was. Turns out, her and her friends got a little mischievous this year and decided to go pumpkin snatching. They took a joyride around the county on a four wheeler while pulling a wagon behind. She explained that it was quite a lot of fun. I then asked, "If you had a magic singing snail what would you name it and why?" She responded, "I would name it Paula, because Paula Abdul was one of the original American Idol judges."

To explore a different side of Ms. Landis, I tested her imagination by asking, what the three house hold appliances she couldn't live without were. Through my findings, Olivia really likes to be clean, so two of the appliances she chose were a shower and a washing machine. She also chose electricity because she feels that it is a necessity. When I asked Olivia what her favorite pair of shoes were, she responded, "My Sperry's because they are very comfortable and go with all of my outfits." My final question for Ms. Landis was, "What is one thing you don't want the world to know about you?" She got a bit witty and replied, "If I didn't want them to know, why would I tell you?"

As I walked away from this interview, I realized that I didn't know as much as I thought I did about Olivia Landis. I was surprised with her responses to my abnormal questions and how much she and I have in common. Olivia is probably one of the nicest people I have got to know and is open to just about anything.



Photo Courtesy of Jenna Johnson



Love Hurts: A Valentines Day Performance

Bring your best poetry to perform, it can be about; how great love is, how much you hate love, falling in love, and even falling out of love. Your piece can be something you have to read and that you enjoy! The reading must be school appropriate.



Admission is \$1!
This automatically enters you in one of our many door prizes! Buy more than one ticket, you increase your chances of winning!

A costume contest will be held for an 80's costume. A prize will be available for the best dressed!

This event will be: 
Friday, February 10, 2012
at 7:00-8:30 p.m.
In the Pueblo County High School Auditorium!

You **MUST** be present to win any and all prizes you entered for!

Love At First Sight!

BY: BRIONNA CONLEY, JAYLUN CORDOVA

One bright sunny, morning while the birds were whistling, sitting on the big, dark branches of trees waiting for Madison to wake up knowing it was the day before Valentine's Day. On this exact date was a year to be marked wondering if she will ever be the same with her broken heart that her ex left her with. She whispered to herself "everything happens for a reason". With a big grin on her face she said, "I have to show him who I really am, I don't need no guy to make my life complete". The night became to a close when many clouds were beginning to come out in the dark sky with many stars twinkling. As the night drifted away and the sun was rising she woke up with her alarm singing loud to her "Good morning, Good morning!" She woke up got ready and headed out the door while the wind was blowing, Madison slowly put her head down walking so the wind wouldn't hit her. She was thinking to herself about what happened between her ex and herself. Knowing she may never find another like him, she continued walking. Slowly turning the corner she ran into a jock. "Oh I'm sorry," she said as she was moving her hands to find her glasses, getting ready to pick up her school books. She put them on and looked up at him quickly with big hazel eyes. "It's okay." He said with a big smile on his face. He helped her up and picked up her book's holding them in his arms. "Hey my name is Jeremiah I'm new to this town".

"Hi, my name is Madison".
"Where were you headed?" He asked her
"To my school Fort Louis High" she said. As they continued walking they watched all the loved couples walk hand in hand with their big teddy bears and chocolate hearts, little kids running back and forth smiling handing out cards to their loved ones. It was just beginning of Valentine's Day, Madison and Jeremiah walked to school laughing at the stupid jokes they told each other. Realizing this is the first time Madison laughed and smiled in over a year, she has never been this happy before she told him. "Thankyouformakingmydayshecomplmented".
"No problem. We should start hanging out more; you're a real, nice, beautiful, smart, chill girl!", he told her.
"Thank you". She smiled. She started walking, looking behind her one more time. The day grew older when the school bell went off she ran to met Jeremiah. They both got a really big smile on their faces when they seen each other starting to feel some feelings for each other. "Let's head home". She told him.

He grabbed her books and talked about how his first day at his new school went, he even explained how he met this wonderful girl named Madison his first friend in the town. They had finally arrived to Madison's house when she had to go in. He gave her books and kissed her on the cheek. She walked away, blushing. She whispered to herself and said "I believe in love at first sight".

Editorials

February 2012

How does it feel to be single on Valentines Day?



"You see everyone else getting big teddy bears, gifts, and you're stuck with nothing! You miss the times you were in a relationship."

Claudia Raza



"Being single on Valentines day last year was supposed to be the happiest day of my life. It's not the same without that loved one."

Brionna Conley



"I don't usually care about being single on V-day; because I know there are people that love me!"

Justin Bodry-Hall



"I don't mind it. I don't have time for a boyfriend."

Joanna Mayfield



"I don't really care because me and my friends are doing the 2 for 20 at Applebee's"

Kimber Doering



"I'm absolutely fine with being single."

Marissa Krumanocker

Pueblo County High Where's the School Spirit

BY: MATT PETERS

What defines school spirit? The interpretation of this word varies between people, especially students and staff. At Pueblo County High School a large portion of the students have an outstanding amount of spirit and love their school, but does the staff share this same attitude? Chatter among students says no, and this saddens many of the loyal and supportive.

Schools such as Pueblo West Cyclones and South Colts have an exceedingly large amount of spirit, from staff to student. They have high energy pep assemblies, fun and innovative spirit weeks, and they have large turnouts at their games and school sponsored events. South for example has a Facebook page (Colt Nation) dedicated to the activities and sports events currently going on at their school.

This page shows students innovative new activities that the student section at games will partake in. Some of these activities include: Dance moves to a flash mob, goal celebrations, and many other creative ideas that support their school.

What do we have? Well we don't get a Pigskin Classic assembly until the week after the game! It just so happens that Pigskin is one of the biggest games of the year, and could that be a direct correlation to why our competitors showed fire on the field and Pueblo County fell flat? The opponent (Cyclones) however has a sky high amount of energy at their assembly, teachers are dancing, cheer and dance teams performing, and coaches give outstanding motivational speeches whose messages can be applied to athletes and

non-athletes alike.

In place of our pigskin assembly we had a 9/11 assembly. There is no doubt, this is an event to remember, but spending over an hour reminiscing on it saddened students; instead, we could have at the beginning have a moment of silence but dedicate the rest of the time to support the next day's annual game or dedicate two separate assemblies to two very different causes. At our homecoming assembly we ended it on a sad note when a choir student sang a very cheer-

less song, proving difficult to motivate. They could have had that same talented student sing a very upbeat and motivational tune, leaving students and athletes with a mental motivational fire throughout the day.

Pueblo County needs the support of everybody and that means staff to. School spirit is the glue that binds a school together, so by everybody working cohesively and showing the spirit that our School deserves we may one day be revered as the school with the most loyal students and STAFF!



By Candice Codina

Picture by: Candice Codina

Sports

February 2012



By Ursaline Paradiso

Dillon Meserve extends an arm while going up for a practice slam dunk in the PCHS gym.

Hornet Basketball Makes a Sting!

Cheers engulf the Hornet Gymnasium as the Pueblo County Boys Varsity Basketball team storms the court.

Stretching and lobbing the basketballs toward the hoop, the boys warm up to energizing music. As the buzzer sounds the crowd claps as the boys gather into their huddle.

Led by Coach James Vigil, the boys pump each other up. The time has come. Introductions are made and it's time to take the court for a jump ball. Buzzing down the court at lightning speed, the Varsity boys sting their opponents.

Performing as a team, the boys make tricky offensive and creative defensive plays.



Dominating offense, the boys' knowledge of the plays often leads to a scoring drive.

Rebounding on defense has created openings down court that have led to alley oops and slam dunks, keeping the crowd on their feet.

On January 6, 2012, the boys swarmed the hive as they prepared to take on the Centennial Bulldogs.

With an immense audience, the enthusiasm was evident in the faces of each competitor as the game began. Highlights of the game include three-point shots and an alley oop thrown by Michael Downs which resulted in a slam dunk by Dillon Meserve. While the play resulted in a technical foul for Meserve, cheers of the crowd erupted for the path-taking action. The game ended with a Pueblo County win 60-43 over Centennial.

Playing at the Pueblo County hive has proven to have its benefits for the boys. As of January 10, 2012 their home record stands at 2-1 and their overall record is 5-9. In the South Central League, Pueblo County Varsity boys stand 1-2. As each game passes by the skill level intensifies. Best of luck on the rest of your season basketball team!



Athlete of The Month



By Nicole Corneilson

Jake Costanza (top) skillfully takes down his opponent.

BY: NICOLE CORNEILSON

Most Valuable Player: An athlete who never gives up, no matter how hard the practice. She/he yearns to learn more, and play harder.

Their dedication to the team never goes unnoticed. They commit all of their time and effort into the game. Gives 110% all day and every day. A true leader on the field, court, matt, or water.

This month, we will be featuring two athletes for Athlete of the Month. The two athletes chosen are Keenan Willits and Jake Costanza, for wrestling is this month's chosen sport.

Coach Soto chose Keenan Willits because he had avenged a loss to a state ranked opponent from Canyon City, being down 8 points in the 3rd quarter, came back, and won.

Jake Costanza was chosen because he was down 7 to 1 in a dual, and came back for a pin against rival Pueblo West. Both, however, showed heart and determination.



By: Nicole Corneilson

Keenan Willits (left) carefully prepares to wrestle J.C Spencer as he approaches him from the front.

Sports

February 2012

Hornet Hockey: Fire on Ice!



Staff File Photo

Pueblo County High School Hornets face off with their opponents at a home game in mid-season.

Fans Notice Bold Mix on Common Ice

BY: OLIVIA LANDIS

The Pueblo County High School Hockey Team has put forth outstanding effort this season. Although they started out rough, the team proved that working as a cohesive unit can turn out to be rewarding in the end.

If one were to look at the record, they can come to a precisely clear decision that PCHS has not had a successful, winning season; but, if one were to speak with the coach and look at players' individually, they would then know otherwise. Head Coach William Harris has many bold, encouraging things to say about his players. When asked how much progress the team has made as a whole so far, Harris calmly explained, "We're young and have a lot of new players this year...goal tending has definitely gotten better." Prior to this, the team had their first win of the season against Pine Creek, which is what they have to show for Harris' words.

Kenny Garcia, a senior at South High School, and Kyle Pacheco, a junior at Pueblo West High School, have been the point producers on the team, leading the Hornets to a more thought-out offensive opponent to their rivals. "I would have to say these guys carry the chips when the team is down" Harris explains. Pacheco leads his team with top stats at an outstanding 12 goals this season so far, and Garcia trails close behind with 8 assists.

From watching game one, you would think PCHS never set a skate on the ice. Now, as the season continues to blow past us, fans seem to notice their boys improving by the minute.



Staff File Photo



By: Olivia Landis

DEAR MISS STING

Dear Miss Sting,

Well, some little hooligan stole my phone at school, and I know who did it. Should I confront them and be mean, or just blow it off and forget about it? Please help I don't know what to do.

Sincerely,
Angry

Dear Angry,

If you know who it is, then I would confront them because it's your phone and it wasn't right for that person to steal it in the first place. Your parents, or you, worked to get your phone, not that person or their parents. Also, I wouldn't confront them in a negative way. I would just simply talk to them about it and if they refuse to tell the truth I would talk to the principal.

Dear Miss Sting,

Lately my girlfriend and I have been fighting a lot over issues worthy enough for us to breakup over, but we always end up forgetting about it. My friends say I am whipped and none of them like my girlfriend. I don't know what to do. I've been talking to other girls more worthy of my time, but I always end up back with her. Do you think I should stay with her or go after one of these better girls?

Sincerely,
Whipped and Confused

Dear Whipped and Confused,

Honestly, I think you should go after one of the better girls. If you and your girlfriend fight a lot and you are questioning staying in a relationship with her, then obviously it is not meant to be. Also, if your friends disapprove of her then obviously something isn't right. I would try to go after the better girls so you could be in a happy relationship instead of a miserable one.

Dear Miss Sting,

After lunch I have to stop by my locker and switch out books because I cannot carry all of them. They are all too heavy. This wouldn't be a problem; however, it causes me to be late to my 5th hour. I don't know what to do to get to class on time, but I can't afford anymore tardies. What should I do?!

Sincerely,
Late

Dear Late,

I would talk to your 5th hour teacher and explain the problems you are having. If your 5th hour teacher doesn't listen, then I would talk to your counselor about it.

Dear Miss Sting,

Today I found out that I have an F in math class. I turn in all my work every day when told and I even study every night. How should I tell my parents?
Sincerely,
Failing a Class

Dear Failing a Class,

I would tell your parents that you try your hardest in that class, but you still have an F. Also, I would explain to them that you will keep trying your hardest in that class to get your grade up. If you turn in all of your homework and study, then you shouldn't have an F in your math class. You could talk to your counselor about it and see if he/she could help you.

Dear Miss Sting,

At my house there's this problem where my parents treat me like I'm still a kid. I sneak around a lot and sometimes I feel like running away to go live with my boyfriend. My boyfriend's parents are really supportive and sometimes I feel like my parents wouldn't even care if I left.

Sincerely,
Confused

Dear Confused,

You should talk to your parents about this situation and tell them how you are truly feeling. Since you are in high school, they should be giving you a little more freedom than a kid has. If there is no change in the way they treat you, then you could talk to them about moving in with your boyfriend and his parents. Although, I'm pretty sure they will change the way they treat you if you just simply talk to them about it.



Horoscopes

Aries March 21 - April 19 - Be careful what you wish for because you might get what you want.

Taurus April 20 - May 20- Everything is not what it seems; don't get your hopes up!

Gemini May 21 - June 20- If you want to have fun do something CRAZY!

Cancer June 21 - July 22- You may be close to the edge but think twice before you jump!

Leo July 23 - August 22- Make sure you push through with that New Year's resolution, don't give up now it's just the beginning

Virgo August 23 - September 22- Put your game face on.

Libra September 23 - October 22- Life is your imagination, learn as you go.

Scorpio October 23 - November 21- The person you were meant to be with is finally realizing they need you.

Sagittarius November 22 - December 21- You are going to be tired this month so try to get rest.

Capricorn December 22 - January 19- don't push your friends to the curb you never know when you need them the most.

Aquarius January 20 - February 18- It's the month of love so keep your eye open.

Entertainment

February 2012

Human Emotions

BY: JUSTIN BODRY-HALL

The human heart is a complicated thing. It is full of emotions that cloud the mind and make rational people think irrationally. There are some basic human emotions that everyone feels and other emotions are based off of these: sadness, happiness, anger, fear, disgust, and surprise. These basic emotions then form new ones like: compassion, boredom, embarrassment, rage, hunger, and more.

Each human emotion effects every-thing a person does. It specifically effects the certain things you do. Emotions effected directly: human motivation, nervous function, learning, physical acts, physiological arousal and communication with others. Emotions allow us to reveal how we feel sometimes.

During this time of our lives, teenage years, our emotions are maxed out. The hormones usually spike and they are followed by irritability, recklessness, aggression and depression. Every one experiences many emotions every day. It's important to our lives to be able to feel emotion. If a person experiences something tragic then they may feel sad or depressed. Some people may also feel angry and blame themselves for things that may have happened.

Many teenagers here at PCHS feel depressed and angry, although many don't reveal their true emotions. The fact of the matter is that most teenagers has some tragedies. Many, like myself, has family problems that can tear you up inside. For example my family can make me do things I regret, in order to rebel against them. Many teenagers don't realize that almost everyone around them have most of the same problems that they do. If people were to just listen and not spread rumors, which can make that person feel a whole lot worse, then teenagers emotions can typically calm down and we teenagers can be more in a happier state.



By Google Images

2012 Entertainment Line Up



By Google Images

By: JAYME CLINKINGBEARD

What are the top five movies to come in 2012? That may be a hard question to answer for some but according to Extra TV the top five movies to see that are coming out this year are; The Avengers, The Dark Knight Rises, Rock of the Ages, Hunger Games and Mirror Mirror. Even though all of these movies aren't scheduled to come out into theaters until March or later, people are already voting on Extra TV's website as to which movie they are most excited to see. The Avengers is in the lead with 95.7% of the total votes.

The Avengers is a science-fiction movie and comes into theaters on May 4. It is a movie about super humans. On July 20, The Dark Knight Rises comes out in theaters, but Batman comes back. It is an action, crime and a drama movie. A fun fact, according to hollywoodreporter.com, this movie has already sold out its midnight premieres in both New York and Los Angeles. Rock of the Ages gets released on June 1st, this movie will keep you at the edge of your seat laughing and dancing to everything going on. It's a love story, but as you all know, love will conquer in the end. The next movie is an action, drama and science-fiction. This movie proves that family will always be there for you when one sister takes her siblings place to fight it out in The Hunger Games, which is released into theaters on March 23rd. The last movie, on Extratv.com

"Top 5 Movies to Watch in 2012" list, is Mirror Mirror. Even though on their poll it only has 60 or .1% of the votes, it may come back to win the race with a story line that may remind you of an old fairy-tale involving Snow White and the Seven Dwarfs, but the ones in this are rebels. Mirror Mirror is released March 16th.

Now these five movies may not be the Top Five on your list but according to Extratv.com they are the top five to watch this year. So if they aren't the movies that are on your top list to see this year than what movies are?

History of Valentine's Day

BY: AUBREY FISHER

History of Valentine's Day

Every year candies, flowers, cards, and love are exchanged all in the name of St. Valentine. However, do all those people who proclaim their love to each other even know the history of Valentine's Day? So, who is St. Valentine? On this day, the Catholic Church recognizes at least three different saints named Valentine or Valentinus.

One legend says that Valentine was a priest who served during the third century of Rome. Some believe that Valentine was killed trying to help Christians escape harsh Roman prisons. According to one legend, Valentine actually sent the first "valentine" greeting himself. While in prison, it is believed that Valentine fell in love with a young girl, who may have been his jailor's daughter. Before his death, it is alleged that he wrote her a letter, which he signed "From your Valentine," an expression that is still in use today.

Although the truth behind the Valentine legend is murky, the stories certainly emphasize his appeal as a sympathetic, heroic, and most importantly, romantic figure. It's no surprise that by the Middle Ages, Valentine was one of the most popular saints in England and France.

While some believe that Valentine's Day is celebrated in the middle of February to commemorate the anniversary of Valentine's death or burial, which probably occurred around 270 A.D., other's claim that the Christian church may have decided to celebrate Valentine's feast day in the middle of February in an effort to "Christianize" celebration of the pagan Lupercalia festival.



By Google Images

Clubs and Activities

February 2012

FFA Week

BY KAYLIE WOLF

The theme for FFA this year is I Believe. February 18-25 is the National FFA Week. The Pueblo County FFA has planned out many activities for you to participate in at lunchtime, wacky dress days and prizes. Teachers do not forget about the wonderful teacher appreciation breakfast that they prepared for you.

The teacher breakfast is Tuesday February 21, 2012. The FFA has got the KOAA involved with FFA week and they would like to come out and film them doing something, helping out the community. Participate in the activities during FFA week and show your support for your Future Farmers.

FFA week was designed for the FFA members to educate the public about agriculture. February 22nd is George Washington's birthday and the week of his birthday was designated to be the National FFA Week in the year of 1947, at a National FFA Board of Directors meeting. The dress days are:

School:

Monday February 20: Rodeo Clown Day
 Tuesday February 21: Blue and Gold Day
 Wednesday February 22: Camo Day
 Thursday February 23: Boot Tuck/John Deere/
 Green & Gold

FFA Officers/ Members

Monday February 20- Polo's/ Rodeo Clown Day
 Tuesday February 21- Official Dress
 Wednesday February 22- John Deere
 Thursday February 23- Camo Day/Boot Tuck
 Friday February 24- Lock In - Theme- Country Comfort

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What Comes To Mind

BY: CANDICE CODINA

Does it ever cross your mind, "Why would someone buy an ad for a school's yearbook?" Not only to further promote someone's business, but to also give someone the opportunity to see something of their interest.

Ads are sold all over the world, but from my own personal experience I can say it's not easy. You definitely want to try and sound convincing and have a positive attitude towards whoever you're talking to.

Whether they accept or decline your offer, it's always nice to give a good thank you! One person I knew personally was interested in putting an ad in the Pueblo County High School yearbook.

I recently asked Mr. Sil "What made you want to buy an ad from me?" He replied with, "Well not just because I know you, but because if anyone wanted to know where to get T-shirts made, they could know a good business to go to." Mr. Sil works at a T-shirt printing shop. They make shirts for schools mostly, but they also make shirts for any business looking for a way to display their motto and/or company logo.

"We've done it before, but it's always better to put out an ad in more than just one

place! Now everyone can see me from out in the county!" Says Mr. Sil

I also sold an ad to The Broadway Tavern and Grill. The owners Carl and Anna Covi were very considerate about taking the first time opportunity to buy an ad. They were also curious as to what an ad was all about and why they should contribute to something like that. I then explained it could allow more people to visit the Broadway and get the chance to experience a mouth full of flavor along with a great help out to me in my class. They gladly accepted the offer and purchased a business card size ad.

"It's a really cool that your school does stuff like that! Hopefully it helps us out and bring in more than just the average customers." stated Anna. "Next time we will have to look into buying a bigger ad," replied Carl.

Selling ads lets people know what kinds of businesses there are; that aren't all school related. I plan on selling more adds and look forward to having people think of Pueblo County High School when they want to buy an ad!



Staff Photo

The JROTC Hornet Battalion before the veterans day assembly.

How-Jo's

February 2012

How to Handle a Job Interview

Present yourself fully throughout the whole interview, before, during and after.

-Before: Learn all you can about the company or business

: Be prepared to answer any questions

: Prepare your clothes, making yourself look casual but business-like, meaning clean, pressed and professional.

: Prepare papers like your resume, job reference lists, reference letters, legal pad for taking notes, and any other information that you may wish to have with you.

-During: Arrive early, never taking the chance to be a minute late.

: Treat everyone with kindness and professionalism.

: Maintain a professional image by avoiding personal question like his/hers full name, or personal life.

: Pay attention to your non-verbal behaviors like your posture, smile, eye contact (not staring) and avoiding fidgeting.

: Listen very carefully to each question, giving honest to-the-point answers.

-After: make notes right away so you don't forget crucial details.

: Send a thank you letter to the interviewer immediately

: Don't call the interviewer immediately, if the employer said they would have a decision in a week, it is OK to call them in a week, again to thank them for the interview and reiterate your interest.

----Pan Pohly's Net Guide



By Google Images

By Google Images



How to Avoid Confrontations like a Samurai Warrior

1. Be aware of your surroundings and always maintain a clear mind when you are in unfamiliar territory.
2. Don't stick out like a sore thumb, but still carve out your own path.
3. Evaluate the level of risk in every situation before accepting it.
4. Take control of your actions.
5. Keep a clear mind. Never abuse mind numbing drugs. Avoid those who do.
6. Even if someone else provokes you, swiftly escape. Most fights are not worth fighting.
7. Trust only those who have earned it. Be wary of those who have not.
8. Don't meddle in other people's affairs or attempt to solve their problems unless it's within the scope of your mission.
9. Maintain a healthy body. Otherwise physical avoidance may not be an option.
10. Always stay true to your purpose. Practice intelligent avoidance, escape confrontation whenever possible and defend yourself only when you must.

The Bushidō Samurai are beyond masters in the art of self-defense. They are specially trained in hand-to-hand combat, but never fight unless they must. The Samurai moral code stresses mindfulness, self-control, loyalty and honor unto death. Thus, Samurai dodge confrontation whenever and wherever possible.

----- found at Marc and Anger Hack Life